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This year's **Handy Trades Booklet** is packed with useful information about who to contact for all those jobs needed for both the interior and exterior of your home or property, whether it's in town or the country.

Notably, this year we've seen many businesses expanding their services to address the challenges of climate change, offering sensible and sustainable solutions.

We hope you'll keep this handy reference booklet nearby, as you never know when you might need to replace curtains, find a painter or paperhanger, replace a window, seek legal services, repair your vehicle, or call on a plumber, builder, or contractor. You'll find it an excellent guide for both the small and large jobs that arise around your home or property.

Kāpiti boasts a vibrant building and construction industry, rich with innovation and expertise that is second to none. It's home to some of the country's best and most skilled tradespeople. Remember

that builders and related professionals are often booked months in advance, so it's wise to plan any major projects well ahead of time.

There are times when professional guidance and support are invaluable, whether you require the assistance of a lawyer, accountant, budgeting advisor, aged support service or healthcare professional. This Trades Book has been created to help connect you with trusted professionals and services to assist with your individual needs.

If you contact any of our advertisers, please mention that you saw their advertisement in the 2026 Trades Booklet.



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With the growing network of cycleways across the country, there has been a noticeable increase in the popularity and sales of e-bikes.

Before making a purchase, it is advisable to thoroughly review independent resources, such as the Consumer website, which provides valuable guidance, answers common questions, and helps inform a well-considered decision.

Why choose an e-bike?

Electric bikes enhance your pedalling power, allowing you to travel further and explore more with less effort. They offer a smooth and responsive ride, with controlled power

assistance and a durable, removable battery that can be conveniently recharged from a standard household power socket.

Key considerations before purchasing:

Regardless of where you choose to buy your e-bike, always take the opportunity to test ride it first. E-bikes are generally heavier than standard bicycles, so it is essential to ensure you are comfortable managing the weight and handling.

It is equally important to confirm that the retailer can provide ongoing servicing and maintenance support.



We are Hayden and Kim Sergent-McLeod, the husband & wife team behind Elite Ride and Mobility Services. As a family-owned and operated business, we're dedicated to serving the Kapiti community and the greater Wellington region. Hayden's passion for driving and his infectious sense of humour will make every journey enjoyable. Kim's dedication to community spirit and helpfulness ensures your experience is safe, valued, and connected. As we are Parents and have Special Needs requirements in our family, we are passionate about providing a safe and trustworthy transportation service for everyone.

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Funerals are a means of expressing beliefs, thoughts, and feelings about the passing of someone we love, with every service being unique and personalised.

We are all individuals, and our funeral needs to be reflective of the life we have led and the person we have been.

The remembering, deciding, and reflecting that takes place in the planning of the service are often an important part of the process of grief and mourning.

Ultimately, this process of contemplation and discovery creates a memorable and moving funeral experience for all who attend.

For anyone who has not

had to deal with funeral arrangements, when the time arrives, it can seem daunting.

It makes it so much easier on loved ones if you have made provisions for your funeral wishes early on, but you have the comfort of experienced funeral homes to advise and help guide you and your family through the process.

They will discuss the various options available to you, which in turn will help you make decisions fitting for your loved one.

They are professionals in their field and are there to provide support, compassion, and information to help you through your journey of grief and the celebration of your loved one's life.



Kapiti Coast Funeral Home - Providing Free Online Help & Advice



Blogs & Video Library

As Kapiti's only independent funeral home, we believe that information brings peace of mind. That is why we've built an extensive library of helpful videos and blogs—all designed to answer the questions you might be hesitant to ask.

Whether you're curious about what to wear, how to save on costs, the process at the crematorium, or even how to manage a DIY funeral, our weekly

updates cover it all. Managing Director, Andrew, has created this free resource to give you the "no-pressure" space you need to make informed, meaningful decisions for your family.

Quality Technologies

We have also fitted out our recently renovated chapel with quality 4K technologies including a multi camera live stream system and Google Meet Services for use during all funerals held at the home chapel. This enables people from all over the world to view and participate in the funerals.



<https://kapiticoastfuneralhome.co.nz/livestream/>





Building and Construction

Your home isn't just a roof over your head; it's one of the biggest investments you'll ever make. Whether you're buying, building, or giving your current place a serious makeover, the journey should feel exciting, not overwhelming.

In recent years, getting into the property market hasn't been easy. That's why more people are thinking creatively, custom builds, clever renovations, and homes that truly reflect their personality.

Building from scratch is like creating your own masterpiece. You get to choose the layout, the vibe, and all those minute details that make a house feel like your home. Want a kitchen that doubles as a social hub? Or a bathroom that feels like a spa? Go for it! And if you bring an architect on board, you'll add that extra layer of creativity and wow factor.

Of course, it's not all sunshine and mood boards. Building a home takes patience, planning, and the right team. Choosing

a reputable builder is non-negotiable. Look for builders who are members of the Master Builders Association because that means you'll get the Master Build 10-Year Guarantee, the ultimate peace of mind.

You need to do your due diligence. Start by researching and seeking recommendations from friends, family, or professionals like architects and real estate agents.

Ask for a list of recent projects to visit or contact references to ask about their experience, particularly on how the builder managed issues, and how he communicated throughout the entire job.

Your builder should handle all the boring stuff like permits and consents. They should take away a lot of your building stress by organising dependable tradies to assist in completing the job to your specifications.

Transparency and good communication, along with a professional job, are the key factors.



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Gates, Gravel and Earthworks

The region is fortunate to have a robust network of agricultural and horticultural contractors. In addition to these generalists, there is a growing number of specialist operators who focus on niche services such as tree stump removal, hay and silage made and stored, dam reconstruction, retaining wall construction, gate manufacturing and bespoke landscaping projects.

Whether the work is rural or urban, contractors are equipped with an extensive range of machinery tailored to every scale and scope of operation. From large-scale equipment like diggers, graders, bulldozers, loaders, and trucks to compact tools such as bobcats, post

hole borers, and forklifts, local operators are well-prepared to meet diverse project requirements. Their capabilities extend to civil engineering, roading, excavation, earthmoving, and even logging operations.

Supporting these contractors are machinery hire companies and suppliers of aggregate, gravel, and topsoil, essential resources for both major developments and residential garden renovations.

The pride these professionals take in their work is evident in the quality of their results, a testament to the value of engaging experienced contractors for your agricultural, horticultural or even small landscaping job.



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Roofing

A roof protects your home against the weather, be it rain, sun, or snow and is a vital part of the structure of your house, and one that can sometimes be taken for granted until there's a problem like a leak, and then it becomes an emergency. Like most features of a home, they also need looking after and regular maintenance, as well as being kept rodent-proof. Birds and rats can be the biggest problems if they decide your roof is a great place to build their nest. Rats can eat wiring, and birds can use ducting as a cosy place to raise a family!

A roof should look good and also be functional but checking over a roof is not the sort of job for amateurs. It's dangerous and requires professionals to deal with issues, whether maintenance, re-roofing, repairing, or painting.

Roofing contractors will also deal with cleaning, mending broken gutters, replacing eaves, gutters, and downpipes. If you have clay tiles, they will need to be sprayed on an annual basis to prevent mould and lichen.

Make it a routine to visually inspect your roof often and call the experts if you notice something needs attention. You are better off doing this sooner rather than later.

Gutters are unavoidable and require cleaning quite often. While there are various products available to stop leaves from clogging them up, they will still need attention. Clambering up ladders and cleaning gutters isn't possible for many people, but there are plenty of skilled people available to do the job for you. Plus, often scaffolding is needed to be organised for many roofs.



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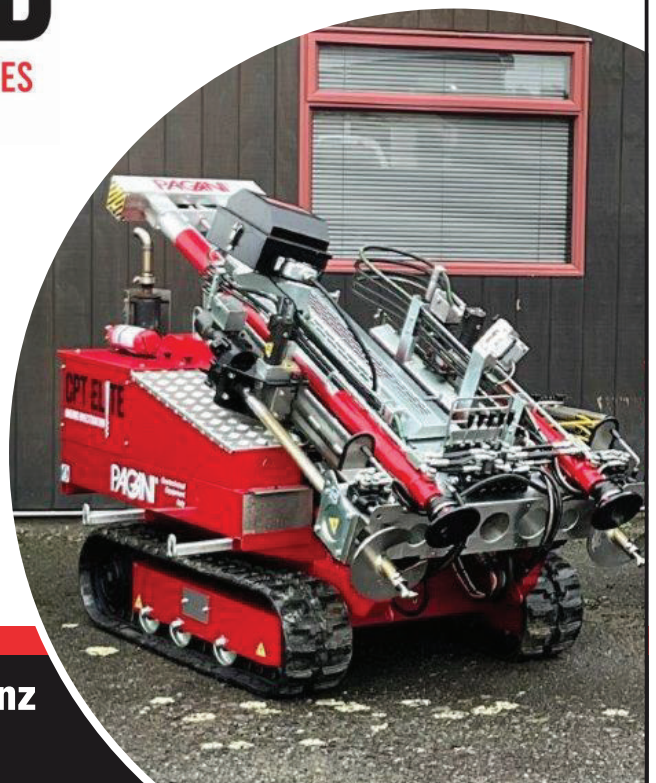
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We need to watch our health Beware of the A word... Asbestos!

What is asbestos?

The scientific term for asbestos is a naturally occurring fibrous silicate mineral. There are six types, all of which are composed of long and thin fibrous crystals, each fibre being composed of many microscopic "fibrils" that can be released into the atmosphere by abrasion and other processes.

Asbestos was predominantly used in the construction and building industry up until the 1990s. It became a popular building material due to its exceptional insulating and reinforcing properties as well as being fire-resistant.

Health and asbestos

Health risks occur when asbestos dust is inhaled or ingested. The fibres can become permanently trapped in the body due to their composition and can cause inflammation, scarring and eventually genetic damage.

It is the single biggest cause

of work-related disease deaths in New Zealand.

Where is it commonly found in your home?

Asbestos is often found in firmly bound material such as cement sheeting, flue pipes, roof shingles, floorboards, and lino. (Remember, we are talking pre-1990). There is also a form of loose asbestos, which can be found in hot water piping, domestic heaters, ceiling insulation, and stoves.

What do you do if you think you have asbestos in your home?

Identify and manage are the two words that stick in my mind after my experience, and I would tell anyone... if in doubt, call in a professional. They will advise, test, and if it is asbestos, they know the correct method of removal.

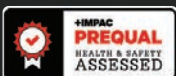
This way, you will keep safe from any potential health risks associated with asbestos.



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Why Stump Grinding is a Smart Choice

After a tree has been removed, the remaining stump can quickly become more than just an eyesore. Old stumps can attract insects such as ants, create obstacles when mowing lawns, and become a potential hazard for children and visitors.

Stump grinding is an effective and professional solution that removes the visible remains of a tree while improving the appearance and safety of your property.

Using specialised machinery, a professional stump grinding contractor grinds the stump down below ground level, allowing the area to be replanted with grass, gardens, or even another tree. Compared with digging out an entire stump and root system, stump grinding is less disruptive to surrounding landscaping and

causes minimal damage to the property.

Stump grinding is also an excellent way to maximise usable outdoor space. Whether you are planning a new garden, installing a fence, or redesigning your landscaping, removing unwanted stumps creates a cleaner and more functional environment.

Hiring experienced professionals is important, as stump grinding equipment requires skill and knowledge to operate safely and effectively. A qualified contractor can assess the size and condition of the stump, ensure underground services are avoided, and complete the work efficiently.

Removing old stumps not only improves the visual appeal of your property but also helps maintain a safer, tidier, and healthier outdoor area.



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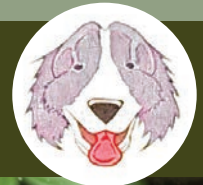
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Out with the Grime, In with the Shine

Giving the exterior a proper clean once a year not only lifts its appearance but also helps protect paintwork and roofing, saving you headaches down the track.

Decking

Decks can become a haven for moss and algae during the colder months, especially in shaded areas, and that can turn them into a slippery trap. A good scrub will have them looking fresh and feeling safe underfoot again. Check for loose boards, soft spots, or wobbly steps that could do with some attention.

Exterior cladding

Professionals have all the equipment needed to give the exterior of your home a thorough clean, adding years to the paintwork of your home.

Windows

No one likes to clean windows,

and if you live down a dusty road, you sometimes wonder whether it is even worth it.

Make having your windows clean a birthday or Mother's Day gift to yourself. It will be the best present you can get!

The roof

Algae, mould, and fungus have a habit of building up on and underneath your roof.

Over time, these unwanted visitors can break down the strength of your tiles and iron.

If you keep up with this regular maintenance, it does not become such a daunting job.

The guttering

A professional will safely clean your guttering for you. This is certainly not a job for the elderly or if unstable on their legs. It can be quite a physical job clearing out all that debris.



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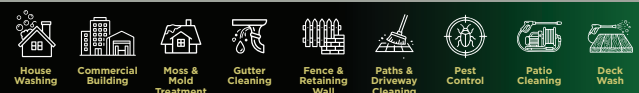
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Hiring a professional cleaner

Who doesn't like a clean home? Unfortunately, our lives seem to be getting busier and busier and finding time for the extra cleaning jobs is getting harder.

Window washing, oven scrubbing, cleaning light fittings, even tackling the ceilings, these are some of the least-loved chores most of us face.

But do we really have to? Today, there are excellent cleaning companies that can take that burden off your hands, completing the work quickly, efficiently, and to a professional standard.

Imagine coming home after a long day at work to find those dreaded jobs already

done; it's not just cleaner surfaces you'll gain, but also peace of mind.

More time to relax and enjoy the things you want to enjoy!

And if you're moving house, many cleaners offer full "top-to-bottom" services once the packers are finished, leaving your old home spotless and your move truly hassle-free.

It is also a good idea to have your home professionally treated once a year for common pests such as cockroaches, ants, and spiders. Hiring a qualified pest company ensures the correct products are used safely, targeting hidden infestations and helping prevent pests from returning.






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ELECTRICIANS

A registered electrician's job includes a wide range of tasks related to installing, maintaining, and repairing electrical systems.

You must use a registered electrician to ensure safety, compliance with building codes, and the proper functioning of electrical systems in homes, businesses, and industrial settings.

You need a Registered Electrician for wiring new homes or buildings, installing power outlets, light fittings, and switchboards, setting up heating systems, ventilation, alarms, and appliances and connecting buildings to the mains power supply.

When it comes to repair and maintenance, they will diagnose electrical problems and faults, repair your faulty wiring, fixtures, and equipment

and replace outdated, worn or damaged components. They will also test to ensure safety and performance

If you are upgrading switchboards or rewiring homes to meet modern standards, installing energy-efficient lighting or solar systems, make sure you use a registered electrician.

They will inspect and test electrical systems using specialised equipment and can provide Electrical Safety Certificates (e.g., in NZ: COCs – Certificates of Compliance)

They are qualified to work from architectural or electrical plans, understanding technical drawings and wiring diagrams.

With a registered electrician, you can feel at ease knowing that your home is in safe hands.



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Plumbers don't just unblock drains

When we have a leaky tap, a blocked toilet or water pouring out of places it shouldn't, we call the plumber.

This only touches the surface of what a plumber does.

Do you know that tree and plant roots can grow over twenty metres in search of water, and if you've ever dealt with a recurring drain blockage, there's a decent chance that tree roots are at the bottom of it.

It's simple biology why tree roots block drains. Trees need water, nutrients, and oxygen, and your underground pipes are just what they are looking for.

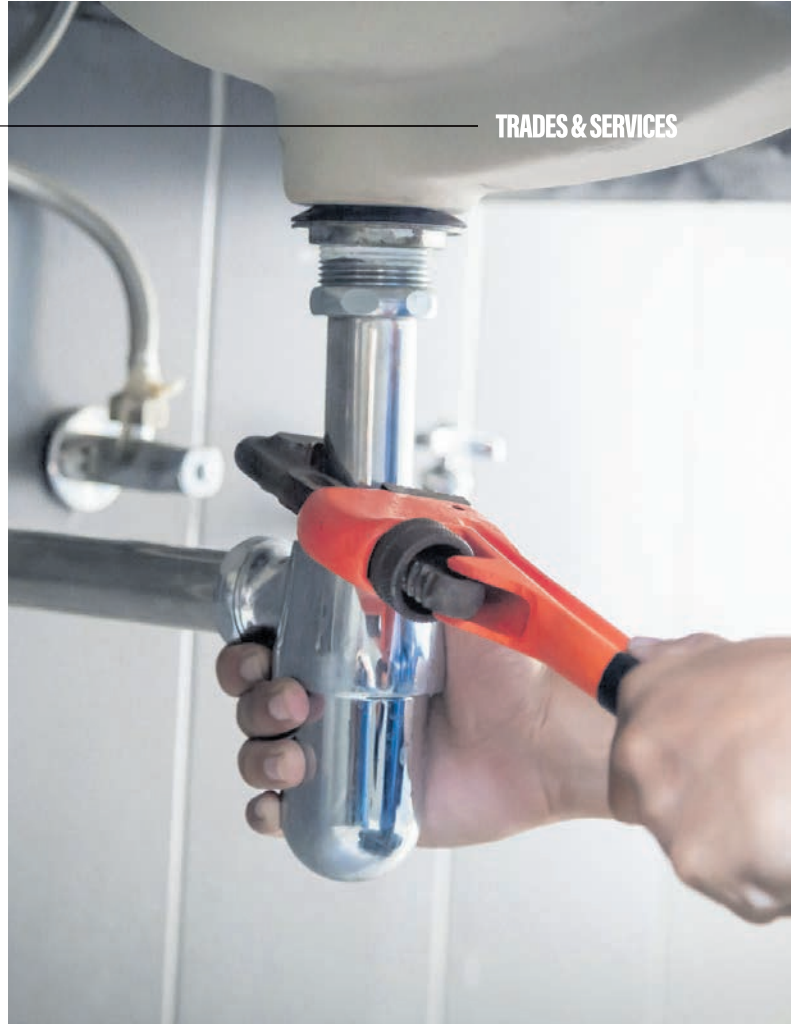
Cracks, loose joints, or porous surfaces in your drain can let out vapour or moisture.

Nearby roots sense it and start growing toward the source. Over time, those fine hair-like roots push their way in. Once inside, they expand, thicken, and form a dense mat that blocks the flow.

Signs you need to watch out for are slow-draining sinks, showers, or toilets, frequent gurgling noises, foul smells coming from drains and sudden overflows or backups, especially after rain.

If you're experiencing one or more of these, and you've ruled out food or hair clogs, it's time to look deeper and ring your local registered plumber.

They will inspect, diagnose, and lay out your options clearly. When it comes to tree roots in your drains, ignoring the problem will not make them go away!



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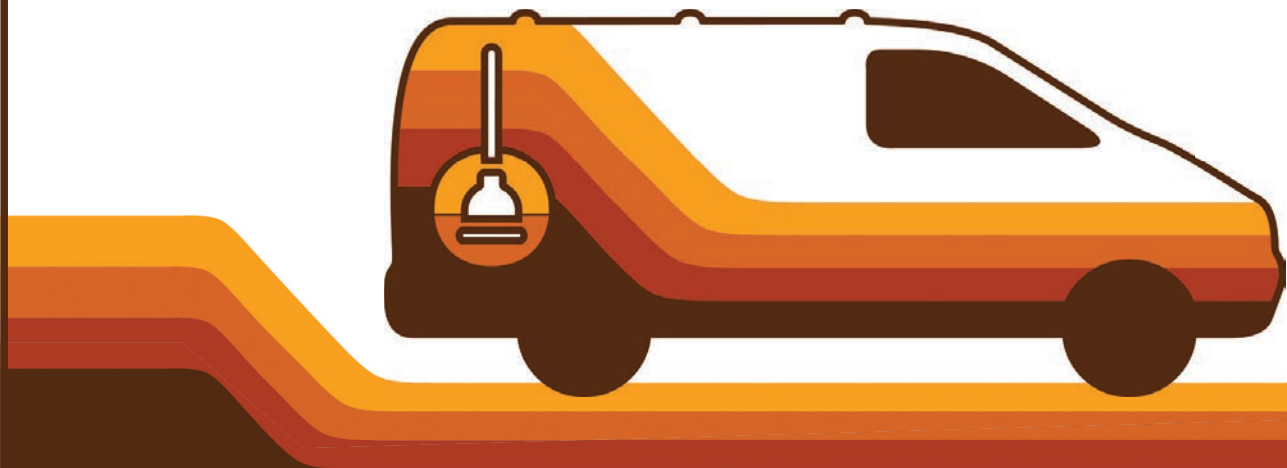
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AIR CONTROL

A benefit of air conditioners is that they circulate and filter air, removing pollutants and mold from the air.

Having a home that is set-up with efficient climate control throughout all seasons of the year is essential for everyone's well-being, so do your homework first, as you need to find what is going to best suit your home and lifestyle.

There is a vast range of heating and cooling appliances available to suit every type of home, no matter what climate you live in.

The market for air conditioners is ever evolving, and the selection is vast, a good place to start is to organise a home assessment.

Having a chat to someone who can put everything into easy-to-understand language will make it so much easier for decisions to be made.

Is air conditioning healthy? While everyone has their own thoughts on air conditioning, there are always two sides to the discussion.

If you live in an area that experiences 45 degrees day after day, an air conditioner becomes a necessity more than a luxury.

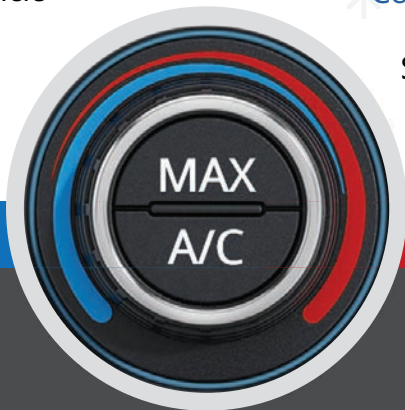
The one thing that is most important is that you must always have your unit cleaned and serviced regularly by a professional. Unless systems are cleaned regularly, air conditioners can be a source of health issues.

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Have You Thought About Air Conditioning?

Air conditioning isn't just about staying cool on a balmy day. It can actually help improve the air you breathe by circulating and filtering it, removing pollutants and even mold.

That's a big plus for anyone who suffers from allergies or asthma because it reduces the irritants that can trigger an attack. Of course, this only works if you keep your system clean and change the filters regularly.

Having a home that's comfortable all year round is something most of us want, so it's worth taking the time to figure out what will suit your space and lifestyle best.

There's a vast range of heating and cooling options out there, no matter what climate you live in.

Your choice will often come down to the size of your home and the areas you want to heat or cool. Then there are other things to think about, like energy ratings, whether you want a split system or a multi-system, and even the colour and design.

The market is always changing, so the easiest way to start is by booking a home assessment. Talking to someone who can explain everything in plain language makes the entire process a lot less overwhelming.



COMFORT, YOUR WAY

Find the right heating for your home

Kapiti winters have a way of creeping in, cold mornings, chilly evenings, and houses that never quite warm up.

The good news? The right heating setup can completely change how your home feels. Here's a simple guide to the most popular options, so you can stay warm, comfortable, and in control all season.

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2 MULTI ROOM HEATPUMPS

Warm more rooms, your way.

Got a few rooms that need heating? A multi room system lets you control temperatures in different spaces, all from one outdoor unit.

Multi room heatpumps connect multiple indoor units to a single outdoor unit, keeping your whole home comfortable and your outside looking tidy.

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- Set different temperatures in each room
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- Ideal for families, renovations or extensions

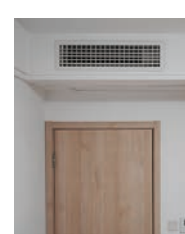


3 DUCTED SYSTEMS

Whole-home warmth, done right.

For that "walk into every room and it's warm" feeling, ducted systems are the premium option. Everything is hidden away, and the temperature stays consistent throughout your home.

- Even warmth across the whole house
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- Great for larger homes, or new builds
- Adds long-term value



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Painters and Plasterers

When selecting a painter or plasterer, experience, workmanship, and professional reputation should be primary considerations. Engage a tradesperson who can demonstrate proven expertise in the specific services you require, whether interior or exterior work, renovations, new builds, or remedial repairs. Request examples of completed projects and seek client testimonials or references to assess reliability and consistency of finish.

In New Zealand, affiliation with recognised industry bodies such as the Master

Plasterers or the Painters Association of New Zealand reflects a commitment to professional standards, ongoing training, and adherence to best practice guidelines.

Plasterers play a vital role in preparing and restoring wall and ceiling surfaces, ensuring they are structurally sound, level, and ready for decoration. Painters then deliver the final aesthetic outcome, applying specialised coatings with precision and providing expert advice on colour selection, finishes, and surface protection to achieve a durable, high-quality result.

Paint is easy. Getting it right isn't.

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Wallpaper can add an individual touch to your room

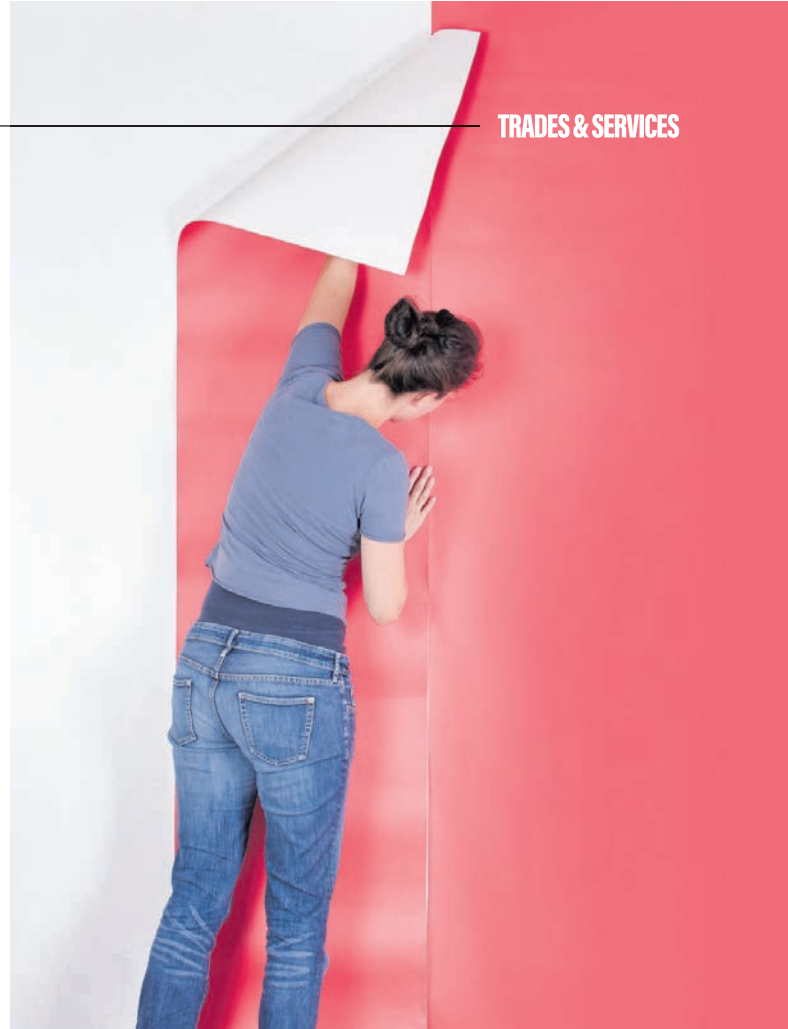
Over the years, you've probably admired gorgeous wallpaper in homes – elegant, textured designs that bring warmth and character to a space. You've also likely seen a few feature walls that were, shall we say, a little over the top. But that's the beauty of wallpaper: it's deeply personal. What delights one homeowner might be swiftly painted over by the next.

With thoughtful selection, wallpaper can breathe life into a room. It's transformative, expressive, and, if chosen wisely, timeless. But one lesson you may have learned the hard way is that wallpaper availability can be fleeting. Many designs are on the market for only two to three years. So if you're tempted to buy a few rolls now and finish

the spare room later, think again – you may find yourself short when it's time to decorate.

Today's wallpaper choices are far more inspiring than they used to be. There are stunning botanical prints, animal-themed designs, and papers that mimic quilting, gold leaf or hand-painting. These aren't just wall coverings; they're conversation starters.

Wallpaper is also practical. It can disguise imperfections and, with the right finish, reflect light in darker spaces. Modern wallpaper is versatile, mood-enhancing and – best of all – easily strippable. Gone are the days of scraping and peeling for hours. Samples are readily available, making it easier to visualise your space before committing.



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Style Your Space Without Spending a Fortune

Cushions, rugs, throws, chair covers, bedding and pillows are the easiest way to make your home feel cosy, stylish and welcoming.

We're now seeing a gentle shift toward colour and a little more texture. A splash of paint, a feature wallpaper, or a mix of textures can instantly lift a room and give it personality, all without stretching the budget.

Sustainability is also playing a bigger role in how we style our homes. Natural materials are becoming more popular, perhaps because they help us feel a little more grounded and connected. Soft pastel tones, olive greens and nature-

inspired colours are appearing more often, and the humble pot plant is well and truly back in favour, with garden centres offering more choice than ever.

Floor cushions and rugs are also making a comeback, and it's amazing how much difference a well-chosen rug can make, especially on hard floors, instantly softening and warming the space.

And instead of replacing well-loved furniture, more people are choosing to have favourite pieces like couches or special chairs re-upholstered. It's a great way to give them a new lease on life while keeping something meaningful in your home.

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Tiles: A Practical and Stylish Choice

Tiles offer the perfect blend of function and flair, making them a popular option for walls and floor, especially in high-moisture areas like kitchens and bathrooms.

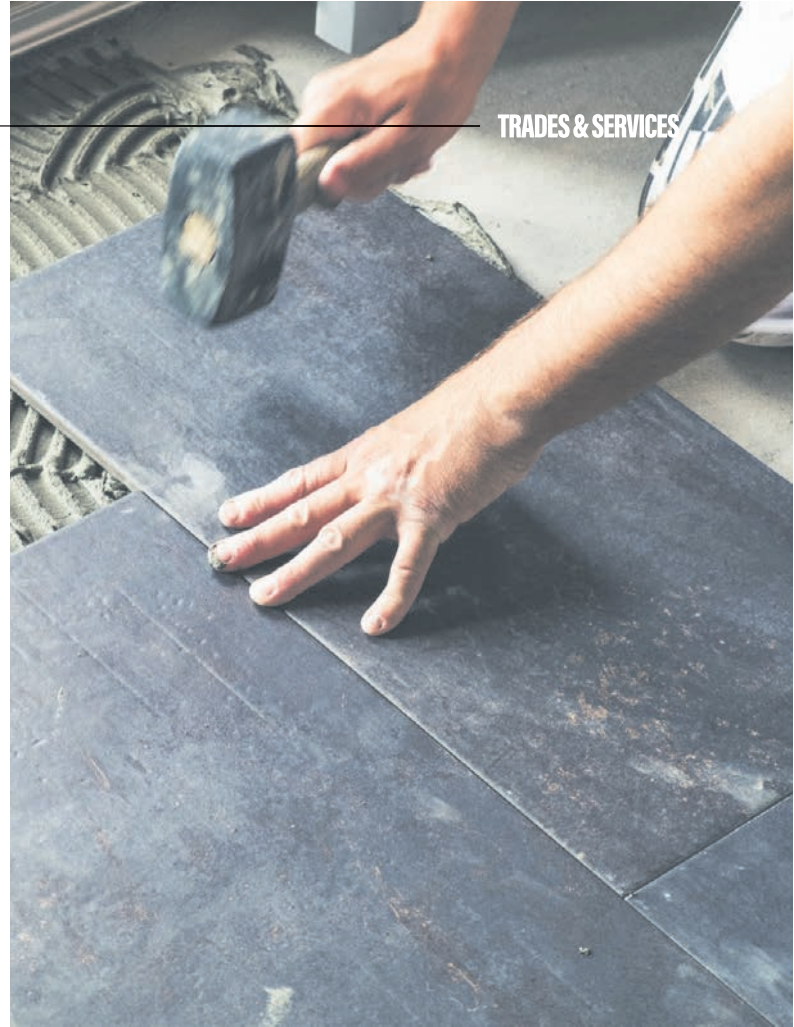
Their durability, ease of cleaning, and moisture resistance make them a smart practical choice. But beyond function, tiles bring serious style.

With a vast array of colours, patterns, and

textures available, tiles allow homeowners to express their personality and creativity while potentially boosting a home's value.

From a stunning entranceway that wows guests, to a splash of vibrant Mexican tiles in your kitchen or bathroom, the design possibilities are endless.

All it takes is a bit of imagination to transform any space with the unique appeal that only tiles can provide.



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Planning a kitchen installation, whether a full renovation or a simple refresh, requires careful organisation and research. It cannot be completed overnight, so taking time to explore options is essential.

Visiting showrooms, consulting suppliers, and speaking with builders and friends who have completed similar projects can provide valuable insights and inspiration.

For those not undertaking a full renovation, there are many ways to update an existing kitchen. Replacing cupboard

fronts is a cost-effective way to transform the look. Upgrading benchtops and tapware can also provide a modern appearance without major structural changes.

Additional improvements, such as new tiles, splashbacks, appliances, flooring, and wall colours, can be completed in stages.

Incorporating innovative storage solutions, such as space-saving cabinetry, or adding features like an island or open shelving, can further enhance practicality and style, creating a kitchen that is efficient and visually appealing.



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New homes, renovations and using an architect.

One of the biggest investments in our lifetimes is our home, whether building or purchasing one already on the market.

Over the last few years, purchasing or building your own home has become harder, and more buyers are looking for different options when it comes to choosing where and how they are going to live.

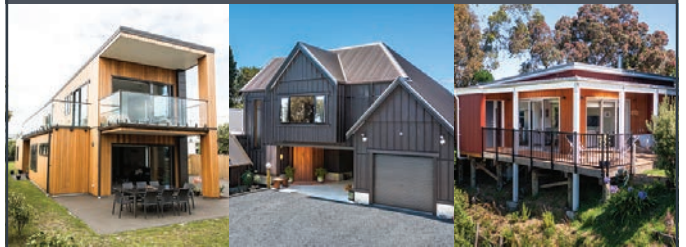
Having a new home built to specification is a tremendous opportunity to bring your vision to reality, and using an architect can add another dimension to your build, adding a bespoke

element.

More often than not, when purchasing an existing home, you do so knowing that renovations may be on the horizon. Kitchens and bathrooms are common areas that homeowners look to update. While the thought of renovating can feel daunting, the guidance of an experienced architect or kitchen designer and installer can make all the difference. They can offer fresh ideas and practical solutions, ensuring every inch of space is used effectively.



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Glazing advice

When considering windows in your home, seeking advice from a qualified glazier can provide clarity and confidence in decision-making. A professional glazier offers expertise in measuring, cutting, installing, repairing, and replacing glass and related products across residential, commercial, and automotive applications. Their knowledge ensures appropriate solutions for your specific needs.

One option often suggested is double glazing. This uses two panes of glass separated by an insulating layer, typically filled with gas, to enhance thermal performance. Benefits include improved noise reduction, less condensation, and reduced heat transfer. As a result, homeowners often experience greater comfort, improved energy efficiency, and lower

power costs.

In New Zealand, double glazing became a requirement for new homes in late 2007, reflecting a nationwide focus on improved insulation and efficient energy use. Beyond thermal performance, it also protects interiors from harmful UV rays, reducing fading of furnishings and materials. It minimises moisture build-up from condensation on single-glazed windows and increases security, as double-glazed units are harder to break.

For homeowners considering an upgrade, it is not always necessary to replace every window at once. Prioritising colder areas, such as south-facing rooms, can deliver noticeable improvements in warmth and comfort. Even partial upgrades can make a meaningful difference to the overall living environment.

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Caring for your pets

Bringing a dog or cat into your life is a rewarding decision, but one that requires careful consideration. Choosing a breed that suits your lifestyle, living environment, and personal circumstances is essential.

Cost is a crucial factor, extending beyond the initial purchase to include veterinary care, food, grooming, training, and ongoing health needs. Time commitment is equally important. If you are frequently away from home and unable to take your pet with you, it is vital to choose a breed that is content to spend time alone.

Grooming requirements should not be overlooked. Short-haired cats or dogs generally require less

maintenance, while long-coated breeds need regular brushing and care.

While pet ownership involves responsibility, it is associated with reduced stress, improved cardiovascular health, and meaningful companionship, making it a worthwhile choice for many people.

Exercising

It is important you exercise your pet early in the morning or in the evening throughout the summer months as these are the coolest times of day and your pet is less likely to overheat.

In winter, remember we don't like to walk in the rain or cold so if exercising your dog, maybe consider a coat of some description, especially if your dog is small or aging.



Compassionate Care For Your Beloved Pets

At The Vet Van, we treat your pets like family, in your home where they and you are most comfortable. Providing in-home mobile veterinary services on the Kapiti coast – Paraparaumu, Raumati, Paekakariki and Waikanae. We are a small, locally owned, independent veterinary practice; and we are passionate about getting to know all our patients and providing personalised care in a low-stress environment.

We offer a full range of veterinary services, including:

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- ✦ End-of-life care and euthanasia





How professional advice can boost success

These professionals are trained and certified in their fields, which means they understand complex laws, tax codes, financial regulations, and industry standards better than most non-experts. Their expertise and knowledge is invaluable.

Accountants and bookkeepers can manage financial records and reporting with precision, reducing the risk of errors that can lead to penalties or missed opportunities. It is all about accuracy and efficiency.

By outsourcing legal, financial, and administrative tasks, this frees up your time to focus on what you do best.

Professionals can identify

legal or financial risks early and help you avoid costly mistakes, audits, or legal disputes.

Advisors and accountants can help you plan for growth, optimize your taxes, and make informed decisions that align with your goals. They are good sounding boards when decisions are to be made.

When it comes to compliance, legal and financial professionals ensure you're meeting obligations and deadlines, such as filing taxes, managing payroll, or adhering to business laws.

Knowing that qualified professionals are handling crucial aspects of your life or business can significantly reduce stress and uncertainty, giving you peace of mind.



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Kāpiti Coast Grey Power Association



WHO WE ARE

Kāpiti Coast Grey Power Association Incorporated is affiliated to New Zealand's Grey Power Federation.

Our role is to advance, support, and protect the welfare and wellbeing of older people in the Kāpiti Coast region.

We are active lobbyists and advocates for issues we support that affect the interests of our members and our region.

We provide a range of services and discount arrangements of benefit to our members. Join us today!

GET INVOLVED

Kāpiti Coast Grey Power is led and supported by a team of enthusiastic, dedicated volunteers with a range of skills and experiences.

If you are keen to be part of our team, we'd love to welcome you aboard. TOGETHER WE ARE STRONG!

Do you enjoy organising events? Managing an office? Delivering newsletters and other material around Kapiti Coast? Like doing odd jobs? Please call us and let us know you can help!

Contact or learn more about us here:
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Level 1, Coastlands Shopping Centre PARAPARAUMU
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Computer Support Services

Having support services for your computer is handy for several important reasons

We are not all tech savvy, and there is nothing worse than having a big assignment to finish on time, and you end up having a computer glitch. When you need it repaired and fast, it is comforting to know that there is support service available.

When something goes wrong, like a software crash, virus infection, or hardware glitch, support services can help fix it quickly, minimising downtime.

Support teams are trained professionals who can guide you through complex technical issues that might be difficult to solve on your own.

If your files are at risk from malware or accidental deletion, support services can help with data recovery and backup solutions.

Instead of spending hours troubleshooting a problem, getting stressed, and not being able to solve the problem, you can get help right away, saving you time and frustration.

Support services often help keep your system updated and secure, which improves performance and prevents future issues.

They can help tailor your system to your needs, as some of us only need the basic programmes, while the needs of others may be more complex.



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Health and well-being

Taking a proactive approach to your health is one of the most important investments you can make in yourself. Maintaining good health is not just about reacting when something goes wrong; it involves a thoughtful combination of daily self-care, preventive measures, and regular check-ups. Visiting a range of health professionals can help keep your body functioning at its best and may detect small concerns before they become larger issues.

Ear Specialist

Ear specialists assess hearing, balance, and other ear-related issues.

Regular visits to an audiologist or ENT (ear, nose, and throat doctor) can help detect hearing loss early, manage ear infections, and address balance issues. It's crucial to get hearing checks if you're exposed to loud noises or notice hearing changes.

See an ear specialist if you experience symptoms like hearing loss, ringing in the ears, or dizziness. Annual hearing tests are a good idea, especially as you age.

Dentist:

Regular dental check-ups help prevent cavities, gum disease, and other oral health issues. Dentists can detect early signs of health problems like diabetes or heart disease based on oral health.

Cleaning helps remove plaque, preventing tooth decay. Visit your dentist every 6 months for check-ups and cleanings. Brush twice a day and floss daily.

Also, cosmetic dentistry is another option that is available to you and certainly worth discussing with your dentist. Having a new bridge or even a front tooth repair can make such a difference to how you feel about yourself.

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